



Parenting with Logic



Parent Education Resources and Events

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# Communicating with Teens

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**by Mary Eschen**  
Life & Parenting Coach

**Date: Thursday, September 22, 2016**

**Time: 7pm-8.30pm**

**Location: LGHS Library**

**For Parents of Students of Grades 6-12**

**Admission is free!**

- Parenting Techniques for Raising Responsible, Self-Confident Children
- Communicating with Teens: How? What? When?
- Learn how to deal with sassy back-talk!
- Stop the Nagging!
- The Power of Choice and Empathy

**Mary Eschen** is an independent Love & Logic Facilitator and Life & Parenting Coach in Silicon Valley. She held the talk "Communicating with Teens" at Saratoga High School, where it was very well received.

<http://www.parentingwithlogic.com>

**The Parenting Continuum** is a community alliance empowering parents to nurture the whole child and the whole family; focusing on providing parent education and resources to parents of children in grades K-12. We are a group of volunteer parents who care and who want to bring awareness, support, and resources to support the navigation of our parenting journeys.

[www.parentingcontinuum.org](http://www.parentingcontinuum.org)

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